

TERM	A/B	AUTUMN TERM	TERM	A/B	SPRING TERM	TERM	A/B	SUMMER TERM
WEEK		HEALTH & WELLBEING	WEEK		RELATIONSHIPS	WEEK		RELATIONSHIPS
		Peer influence, substance use & gangs			Respectful Relationships			Intimate Relationships
30-Aug	A	No lesson	03-Jan	A	Families & parenting	18-Apr	B	Readiness for sexual activity - choices
06-Sep	B	Intro to U4 PSHE	10-Jan	B	Healthy Relationships in the home	25-Apr	A	Consent - myths, misconceptions & rights
13-Sep	A	Transition into Upper School	17-Jan	A	Conflict & its causes - family & friends	02-May	B	Risks of STIs/contraception
20-Sep	B	Exploring attitudes to drug use	24-Jan	B	Conflict resolutions	09-May	A	Consequences of unprotected sex
27-Sep	A	Drugs, the Law & managing risk	31-Jan	A	Relationship Changes	16-May	B	Attitudes to pornography/sexual images
04-Oct	B	Drugs, alcohol and their effects	07-Feb	B	How to access help & support	23-May	A	Securing personal information online
11-Oct	A	Managing influence						
19-Oct	B	Risk in relation to gangs & knife crime						
Half-Term			Half-Term			Half-Term		
		LIVING IN THE WIDER WORLD			HEALTH & WELLBEING			LIVING IN THE WIDER WORLD
		Setting goals			Healthy Lifestyle			Employability Skills
01-Nov	A	Transferable skills, abilities & interests	21-Feb	A	Relationship between physical & mental health	06-Jun	B	Rights & Responsibilities
08-Nov	B	How to demonstrate strengths	28-Feb	B	Lifestyle Balance	13-Jun	A	Skills for enterprise & employability
15-Nov	A	Different types of employment & career pathways	07-Mar	A	Informed healthy eating choices	20-Jun	B	Constructive feedback/supporting progress
22-Nov	B	Feelings relating to future employment	14-Mar	B	Managing influences on body image	27-Jun	A	Managing 'personal brand' online
29-Nov	A	Meaningful realistic future goals	21-Mar	A	Healthy choices	04-Jul	B	Support for concerns of life online
06-Dec	B	GCSE & post-16 options	28-Mar	B	Responsibility for physical health - cancer awareness			
13-Dec	A	Skills for decision making						

U4/Yr9 Long Term Overview 2021/22